



# TAKE AWAY

PHONE AHEAD - 08 9386 3639 / PLACE YOUR ORDER AT THE COUNTER



# TAKE AWAY

## BREAKFAST

AVAILABLE 7.30AM-3.30PM

Bircher Muesli Cup w Chia + Pumpkin Seeds, Kiwi, Strawberry, Blueberry, Banana, Toasted Coconut, Yoghurt + Maple (V)	9
Maple Toasted Granola Cup, Poached Pear, Rhubarb + Strawberry Compote, Greek Yoghurt, Pecans, Hazelnuts, Almonds, Coconut + Oats (V / N)	10
Bacon + Egg Bagel w Smokey Tomato Relish <i>Add Avocado +4</i>	10
Toasted Cream Cheese Bagel <i>Add Avocado +4    Add Smoked Salmon +5.5</i>	7
Toast - Loafers Organic Sourdough or Grain + Butter, Preserves	6.5
Loafers Fruit + Nut Toast (1 piece) + Butter	6.5

## JUICES

Pure Orange	Nothing but Navel + Valencia Oranges	7
Cloudy Apple	Hydro Pressed Granny Smith Apples	7
Watermelon	Watermelon, Strawberry + Apple	8
Beetroot + Beta C	Beetroot, Carrot, Lemon + Apple	8
Passionfruit	Passionfruit, Orange + Pineapple	8
Lemon Ginger Tonic	Lemon, Ginger + Apple	8
Pineapple	Queensland Pineapples + a Dash of Cloudy Apple	8
Green Smoothie	Spinach, Flax + Pumpkin Seed, Apple, Mango + Super Greens	9

# LUNCH

AVAILABLE 11AM-3.30PM

## SALADS

Grilled Chicken Salad w Roast Pumpkin, Pomegranates, Cous Cous, Pepitas, Pine Nuts, Rocket + Tahini Mustard Yoghurt (GFO) (N) <i>Add Haloumi +4.</i>	22
Cajun Crumbed Squid Salad w Herbed Tabouli, Tomato, Cous Cous, Mint Yoghurt + Lemon	21
Broccoli + Kale Super Salad w Roast Sweet Potato, Almonds, Quinoa & Chick pea w Lemon Yoghurt (GF/V) (N) <i>Add Haloumi +4.5 Add Chicken +5.5</i>	21

## PASTA

Beef Cheek + Mushroom Ragu w Pappardelle + Freshly Grated Grana Padano	25
Prawn + Chorizo Fettuccini w Chilli, Tomato, Zucchini, Red Onion, Garlic + Olive Oil	25
Slow Cooked Lamb Shoulder w Warm French Lentil Salad, Rocket, Pumpkin & Walnut (N)	28

## BURGERS + BREAD

Angus Beef Burger, Bacon, Caramelised Onions, Swiss Cheese, Smoked Tomato Relish, Aioli, Pretzel Crust Bun	15.5
Grilled Chicken Burger w Green Chilli Mayo Slaw, Pickles, Cheese, Pretzel Crust Bun	15.5
Pulled Lamb Pita, Tabouli Cous Cous, Pomegranate, Hummus + Lemon Yoghurt	16

## SIDES

Rosemary Salted Chips + Roasted Garlic Aioli	6.5
Walnut, Tomato, Fetta + Rocket Side Salad (V + GF) (N)	12



# DINNER

AVAILABLE 5PM -LATE

## SALADS

Grilled Chicken Salad w Roast Pumpkin, Pomegranates, Cous Cous, Pepitas, Pine Nuts,	22
Rocket + Tahini Mustard Yoghurt (GFO) (N) <i>Add Haloumi +4.5</i>	
Cajun Crumbed Squid Salad w Herbed Tabouli, Tomato, Cous Cous, Mint Yoghurt + Lemon	21
Broccoli + Kale Super Salad w Roast Sweet Potato, Almonds, Quinoa & Chick pea w	21
Lemon Yoghurt (GF/V) (N) <i>Add Haloumi +4.5 Add Chicken +5.5</i>	

## PASTA

Beef Cheek + Mushroom Ragu w Pappardelle + Freshly Grated Grana Padano	25
Prawn + Chorizo Fettuccini w Chillli, Tomato, Zucchini, Red Onion, Garlic + Olive Oil	25
Hand Made Gnocchi + Napolitano Sauce w Mixed Tomatoes, Zucchini + Ricotta (V)	20

## MAINS

Slow Cooked Lamb Shoulder w Warm French Lentil Salad, Rocket, Pumpkin & Walnut (N)	28
Crispy Skin Cone Bay Barramundi + Red Coconut Curry, Kaffir Lime, Lemongrass,	32
Steamed Bok Choy + Quinoa & Brown Rice (GFO)	
Confit Pork Belly, Crispy Skin, Herb Spiced Roasted Potatoes, Fennel Puree,	29
Pickle Baby Carrots w Jus ( GFO)	

## BURGERS + BREAD

Angus Beef Burger, Bacon, Caramelised Onions, Swiss Cheese, Smoked Tomato Relish, Aioli, Pretzel Crust Bun	15.5
Pulled Lamb Pita, Tabouli Cous Cous, Pomegranate, Hummus + Lemon Yoghurt	16

## SIDES

Rosemary Salted Chips + Roasted Garlic Aioli	6.5
Walnut, Tomato, Fetta + Rocket Side Salad (V + GF) (N)	12